



Photo by Pete Amland (UWM Photographic Services)

## MEET THE AUTHOR

**WILL ALLEN** is the son of South Carolina sharecroppers who moved to Maryland during the Great Migration to start a new life. From state basketball championships to becoming the first African American basketball player for the University of Miami, Allen followed a path that led to turning pro after graduating with a degree in education. His pro basketball career took him to Belgium where he found himself getting back to his roots, growing food for his family and teammates in the fashion of local families on small plots, and igniting his own passion for sustainable farming. He established the organization **Growing Power**, a leader in sustainable urban farming and the food security movement, and works with organizations throughout the country to develop **community food systems**.

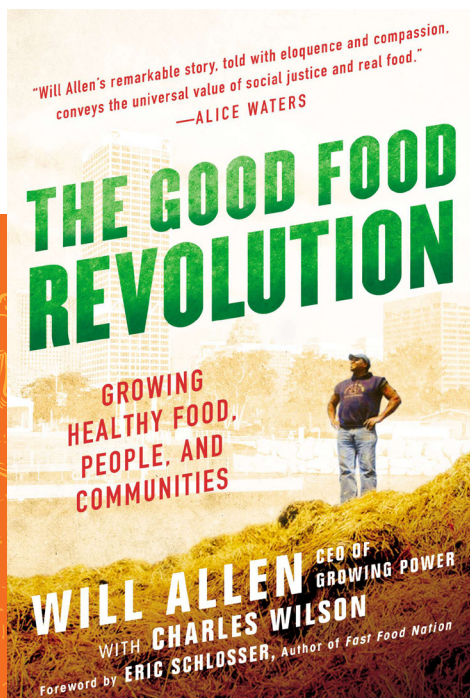
One of the central challenges of *Good Food Revolution* is Allen's insistence that our communities must take more ownership of, and transform, our nation's food system into a more local effort. For Allen, this process starts with a critical interrogation of how our food is produced and who produces it.

**"THE AVERAGE AMERICAN EATS LESS THAN 1% OF HIS OR HER FOOD FROM LOCAL SOURCES."**

**DO YOU KNOW WHERE YOUR FOOD COMES FROM?**

**WHO GREW IT? WHO TRANSPORTED IT?**

**HOW IT WAS GROWN OR PRODUCED?**



USA COMMON READ/COMMON WORLD  
2024/25 BOOK SELECTION:

**THE GOOD FOOD REVOLUTION**  
*GROWING HEALTHY FOOD, PEOPLE, AND COMMUNITIES*

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