

Performance Nutrition Minor

Hours Required: 18

Performance Nutrition Core (12 hours)

KIN 263	Introduction to Nutrition	3
KIN 363	Sports Nutrition-W	3
KIN 462	Biochemical and Molecular Aspects of Exercise and Nutrition	3
KIN 476	Exercise Physiology	3

Performance Nutrition Electives (6 hours from the following)

KIN 463	Nutrition	3
KIN 490	Special Topics: Current Research in Performance Nutrition	3
KIN 494	Directed Study	3
BMD 212	Introduction to Food Science	3
BMD 321	Biochemistry I-Molecular Biology	3
BMD 322	Biochemistry II-Metabolism	3

W-University writing course